

GROUP	GROUP LEADER	DAY/TIME	TARGET AUDIENCE	CONTACT INFO
Graduate Women's Group	Marjam Khodadoust	Tues 2:30-4	Female Graduate Students	khod@med.mit.edu
Graduate Women's Group	Sejal Patel	Wed 5-6:15	Female Graduate Students	patel@med.mit.edu
Graduate Co-ed Group	Evan Waldheter Kate Daly	Tues 5-6	Male and Female Graduate Students	wald@med.mit.edu kdaly@med.mit.edu
Graduate Mens Group	Erik Marks	Wed 5:15-6:30	Male Graduate Students	marks@med.mit.edu
Mindfully Working with Emotions Group	Rebekah Kilman Kaeley Majewski	Wed 3-4	Undergraduate Students	kilm@med.mit.edu maje@med.mit.edu
Social Skills Lab	Lisa Bosley Anthony Vanneil	Fri 11-12	All students	bosl@med.mit.edu vana@med.mit.edu
First Year Students Group	Mia Gore Louis Ostrowsky Allison Lurie	Fri 3:30-4:30	First year undergrads	gore@med.mit.edu ostr@med.mit.edu lurie@med.mit.edu
Undergraduate Therapy Group	Mia Gore Andrew Fuller	Thurs 5:15-6:30	Undergraduate Students	gore@med.mit.edu full@med.mit.edu
Making Peace With Food	Amanda Destefano	Fri 2:15-3:45	Undergraduate Females	dest@med.mit.edu
Making Peace With Food	Amanda Destefano	Wed 1:30-3	Graduate Females	dest@med.mit.edu
Thesis Coaching Group	Xiaolu Hsi	Tue 11-12	PhD students in the process of thesis work	hsix@med.mit.edu
Gender Support Group	Jenny O'Brien Sevan Makhouljian	Mon 5:15-6:30	Transgender, gender identity concerns	obri@med.mit.edu makh@med.mit.edu
ADHD Skills & Information	Xiaolu Hsi	Monday 3-4	Undergrads with diagnosis of ADHD who are receiving rx	hsix@med.mit.edu
ADHD Skills & Information	Xiaolu Hsi	Mon 11-12	Grad Students w/diagnosis of ADHD receiving rx	hsix@med.mit.edu
Sexual Assault Support Group	Rebekah Kilman Meg Chuhran	Mon 5-6:30	Undergrad & Grad Women	kilm@med.mit.edu chuh@med.mit.edu
Women of Color Group	Karen Singleton Sejal Patel	Fri 2-3:15	Grad women of color	sing@med.mit.edu patel@med.mit.edu
LBGTQ Students of Color Support Group	Karen Singleton Gerardo Garcia-Rios	Mon 12 noon	LBGTQ Students of Color	sing@med.mit.edu ggrios@mit.edu
Imposter Phenomenon W/S	Maryam Khodadoust	Tue 5:30-7	All students	khod@med.mit.edu
Mental Health Matters	Cecil Webster	1 st & 3 rd Wed 12-1	Grad students of color & allies	webs@med.mit.edu

Please visit our website: <https://medical.mit.edu/services/mental-health-counseling/group-counseling> to learn more about the groups offered or contact the group leaders for more information. Please note that you must contact the group leaders to set up a pre-screening before joining group.